



Winter Weekends

FRIDAY DINNER MENU

STARTERS

Chef's Fishcakes with Chilli Mayonnaise (241 Kcal)

Kiwi & Grape Cocktail (52 Kcal)

Minestrone Soup (68 Kcal)

MAIN COURSES

Roasted Chicken with a Red Wine & Shallot Gravy
Served with New Potatoes, Broccoli Florets and Carrots (734 Kcal)

Fillet of Cod in a White Wine and Dill Sauce
Served with New Potatoes, Broccoli Florets and Carrots (529 Kcal)

Sweet Potato, Chickpea & Spinach Curry served with rice (Pre-Order in the Morning) (356 Kcal)

Freshly Prepared Seasonal Salad
Served with New Potatoes, Salad Dressing and a choice of Roast Ham (332 Kcal),
Roast Chicken (276 Kcal), Cheese (540 Kcal) or Tuna (310 Kcal)

PUDDINGS

Bakewell Tart with Custard, Cream or Ice Cream (326 Kcal)

Chef's Seasonal Cheesecake with Cream or Ice Cream (348 Kcal)

Cheese & Biscuits (384 Kcal)

Ice Cream Selection (334 Kcal)

Fruit Salad (86 Kcal)

Chef's Vegan Option (Pre-Order in the Morning)

TEA & COFFEE

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HOLIDAY HOTELS

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Do you suffer from any particular food allergies? Don't forget to advise one of our team. Many of our dishes can be made gluten free, although these need to be pre-ordered. Key: (V) vegetarian option, (V) vegan option. All calorific values are per serving and include all ingredients and vegetables. The recommended daily calorie intake is 2000 a day for women and 2500 a day for men.



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BREAKFAST MENU




BEVERAGES AND TOAST

Selection of Chilled Fruit Juices  (56 Kcal)

Tea & Coffee, including a selection of Fruit & Herbal Teas

White (174 Kcal) or Wholemeal Toast  (138 Kcal)

STARTERS

Grapefruit Segments (36 Kcal), Yoghurt (45 Kcal), Prunes (80 Kcal), Wheat Biscuits (147 Kcal), Muesli (114 Kcal), Cornflakes (122 Kcal), Fruit & Fibre (114 Kcal) or Scottish Porridge Oats  (47 Kcal)

MAIN COURSES

Traditional British Breakfast (826 Kcal)

with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), grilled bacon (72 Kcal), pork sausage (241 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Vegetarian Breakfast  (615 Kcal)

with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), vegetarian sausage (102 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Vegan Breakfast  (513 Kcal)

with vegan sausage (120 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Lightly Poached Smoked Fish (166 Kcal)

Cold Ham & 2 Fried Eggs (347 Kcal)



Cold Ham & Cheese Selection (285 Kcal)

Fruit Salad  (86 Kcal)

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SATURDAY DINNER MENU







STARTERS

- Seasonal Melon with Berries  (69 Kcal)
- Chef's Pate with Onion Chutney (186 Kcal)
- Cauliflower & Broccoli Soup  (125 Kcal)

MAIN COURSES

- Oven Roasted Turkey
with Bacon Wrapped Chipolata, Stuffing, Chef's Gravy and Cranberry Sauce (451 Kcal)
 - Salmon with Hollandaise Sauce (611 Kcal)
 - Traditional Nut Roast  (Pre-Order in the Morning) (678 Kcal)
 - Vegan Wellington Slice  (Pre-Order in the Morning) (571 Kcal)
- All served with Roasted Potatoes, Carrots, Brussels Sprouts & Parsnips



PUDDINGS

- Traditional Christmas Pudding with a Yuletide Sauce  (439 Kcal)
- Festive Trifle  (306 Kcal)
- Cheese & Biscuits  (384 Kcal)
- Ice Cream Selection  (334 Kcal)
- Fruit Salad  (86 Kcal)
- Chef's Vegan Option  (Pre-Order in the Morning)

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SUNDAY LUNCH MENU



STARTERS

Apple & Strawberry Cocktail  (66 Kcal)

Tomato & Basil Soup  (63 Kcal)

MAIN COURSES

Hand Battered Fish & Chips (865 Kcal)

Chefs Pie Of The Day (998 Kcal)

Banana Blossom (Vegan Fish)  (Pre-Order in the Morning) (777 Kcal)

All served with chips & mushy peas

PUDDINGS

Rice Pudding with a Cinnamon sugar coating  (241 Kcal)



Ice Cream Selection  (334 Kcal)

Fruit Salad  (86 Kcal)

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Winter Weekends
SUNDAY DINNER MENU

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STARTERS

Breaded Mushrooms *with a Garlic Mayonnaise Dip* (V) (307 Kcal)

Cranberry Chicken Salad (191 Kcal)

Winter Vegetable Soup (V) (49 Kcal)

MAIN COURSES

Roast Beef & Yorkshire Pudding with Gravy

Served with Roasted Potatoes, Seasonal Cabbage & Carrots (711 Kcal)

Fillet of Pollock *in a creamy Lemon and Parsley Sauce*

Served with Roasted Potatoes, Seasonal Cabbage & Carrots (657 Kcal)

Roasted Vegetable Pasta (V) (Pre-Order in the Morning) (573 Kcal)

Freshly Prepared Seasonal Salad

Served with New Potatoes, Salad Dressing and a choice of Roast Ham (332 Kcal),

Roast Chicken (276 Kcal), *Cheese* (540 Kcal) or *Tuna* (310 Kcal)

PUDDINGS

Bread and Butter Pudding *with Custard, Cream or Ice Cream* (V) (484 Kcal)

Eton Mess (V) (284 Kcal)

Cheese & Biscuits (V) (384 Kcal)

Ice Cream Selection (V) (334 Kcal)

Fruit Salad (V) (86 Kcal)

Chef's Vegan Option (V) (Pre-Order in the Morning)

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