



Leisureplex Menu

** Please Note:
This is a Sample Menu*

Breakfast Menu

Good Morning!

Tea or Coffee

White or Wholemeal Toast with Preserves

Starters

Chilled Orange Juice

Chilled Apple Juice

Grapefruit segments

Weetabix

Prunes

Cornflakes

Rice Krispies
or Fruit and Fibre

Scotch Porridge Oats

Please note that we use semi skimmed milk.

Main Courses

Traditional British breakfast with
your choice of fried scrambled or poached
eggs & grilled bacon, pork sausage,
baked beans & tomato

Scotch kipper fillet

Cold ham and cheeses

Fresh Fruit

Dinner Menu

To Start

Chilled Orange Juice

Tuna, Sweetcorn & Bean Pasta

Chicken Waldorf Salad

Minestrone Soup with grated
parmesan cheese

Main Course

Home Roasted Ham served with (or without)
a creamy onion sauce

Grilled Rainbow Trout with dill butter

Freshly prepared Seasonal Salad

Vegetarian Option

Chef's Special of the Day

Served with Chips

Broccoli Florets

Buttered Broad Beans

Puddings

Apple & Blackberry Crumble Tart

Double Chocolate Gateau

British & Continental Cheeses
with accompaniments

Ice Cream selection

Fruit Salad

Tea or Coffee